



# NOSA NEWS

## North Okanagan Sailing Association

P.O. Box 4 Vernon, British Columbia V1T 6M1

Fall Edition

October 1st, 2008

### NOSA REGATTA

Under the watchful eye of Regatta Director **John Holmwood** and Committee Boat Marchsal **Commodore David Simpson**, NOSA hosted the annual fall regatta on September 6 – 7 under sunny September skies and light winds. With a good turn out of sailor from Kelowna, Winfield, Kamloops and Vancouver, 3 fleets consisting of X-Class mono-hulls, Optimists and Multi hulls plied the waters of the Okanagan Lake over the Saturday and Sunday.

Awards for First Place X-Class mono Doug Honey of Vancouver; First place Optimist went to KYC's Julien Roberts; and First Place X Class Multi hull Connor Simpson of NOSA.

The food and refreshments were organized by **Patti Holmwood**. Thanks all



### NOSA CLEAN-UP OCT 18

NOSA's Annual clean-up and Boat lock down is Scheduled for Saturday October 18<sup>th</sup> 0900 - 14:00. All members are encouraged to participate and this event qualifies as one of the activities to earn your NOSA bucks credits. The **noon BAR-B-Que** hi-lites the event with Burgers and Dogs for all. NOSA is counting on its members to help:

1. DeRig the Mistrals and C420's
2. Invert the Laser's on the laser racks.
3. One final Grass cutting before the irrigation gets blown out
4. Cut the grass
5. General Clean - up

### ANNUAL GENERAL MEETING NOV 22

**NOSAs Annual General Meeting** is scheduled for **6:00 pm Saturday Nov 22<sup>nd</sup>** at the **upstairs board room of the Blue Heron Pub on Okanagan Landing Road.**

The AGM will be followed by Dinner and no host bar in the main ballroom. The Annual Racing awards and skipper of the year will be presented. Registered members will receive



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their NOSA bucks from Treasurer **Collette LaPlante** .

## LEARN TO SAIL

The Learn to Sail program was a huge success this summer . A big thanks is extended Learn to Sail Director **Glen Dick** and the team of Level 1 Instructors: **AJ Dick, Geoff Lister, Matthew Schwingenschloegl, Connor Simpson** and NOSAs summer **Ebbie Burroughs**. NOSA executive also wishes to recognize the contributions of our LTS volunteers training to be future instructor **Ryley Braidwood** and **Ian Bridge**. All together the team delivered:

- 25 Learn to Sail Optimists Age 7-11
- 21 Learn to Sail Classes
- 92 Youth LTS graduates Age 10-16
- 68 Adult LTS graduates Age 18-74
- 60 High school samplers days
- 18 GVPRD adult day samplers
- 3 SD22 Boat Safety presentation
- 60 Safer Elementary School kids
- 11 Personal Craft Operators Card
- 358 Sailing Graduates WOW!!!**

A huge thank you goes to **Commodore David Simpson** and Treasurer **Collette LaPlante** for their support and accounting genius to take care of the books.

## SEEN NOSA'S COMPOUND LATELY?

NOSAs Compound and buildings has never looked so great since it was incorporate 21 years ago on April 23 1987....

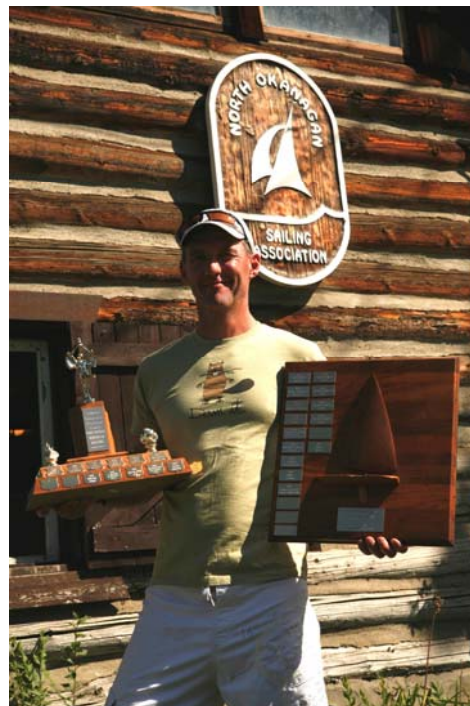
....and most of the good looks is credited to **Compound Director Dave Cates** who oversaw the repairs and maintenance of the Docks and the new Laser Racks. Dave single handedly repaired the NW corner landscaping from lake erosion in August. Dave is stepping down after two busy summers and NOSA thanks him for his contributions

A big **Alex Muhlert** fixed the air lock in the irrigation and the water was working fine all summer.

A big thanks to Instructors AJ and Matthew who painted the Clubhouse floor in late Aug.



1st Place Optimist Julien Roberts



1st Place X-Class mono & Laser Doug Honey



***The Wind is up, let's go sailing!!!***



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## NOSA's 2008 Board of Directors

NOSA members wishing to provide input to the running of NOSA are welcomed contact any of the executive. **NEW ideas are always welcome!!!**

<b>Commodore</b>	David Simpson	542-0053
<b>Vice-Commodore</b>	Glen Dick	542-2042
<b>Scribe</b>	Stuart Parker	803-0181
<b>Pursor</b>	Colette Laplante	938-1301
<b>Director</b>		
<b>Director</b>	Dan Cook	503-1300
<b>Director</b>	John Holmwood	503-2275
<b>Director</b>	Cammy Pieper	546-6788

### NOSA COMMITTEE CHAIRS

<b>Fleet Captain</b>	Dan Cook	938-1300
<b>Membership</b>	Cammy Pieper	546- 6788
<b>Learn to Sail</b>	Glen Dick	550-7234
<b>Compound</b>		
<b>Boat Maint.</b>	Dan Cook	938-1300
<b>Regatta</b>	John Holmwood	503-2275
<b>Social/Phoning</b>	VACANT	
<b>NOSA NEWS</b>	Glen Dick	542-2042 fax 542-8737

**Webmaster** Josephine Dick [jmdick@shaw.ca](mailto:jmdick@shaw.ca)

Director meetings are held bi-monthly and members are welcome!!!

## Membership up in 2008

Membership Director **Cammy Pieper** reports that membership is up 36 families in 2008 with 58 adults and 30 youth. The compound is brimming with 16 Boatshare monohulls and 1 multi hull. Think of what NOSA grounds would be like if everyone showed up for the October 22 BarBQue!!!

**Director Cammy Pieper and hubby Greg Pieper sail a pair of Seasprays - orange and yellow - Relaxing on a warm September afternoon**



**1<sup>st</sup> Place Multi Hull Connor Simpson**



**Instructor Connor Simpson teaching the Opty's**



**MOSS Class of 22 Opty sailors Age 7 - 12**



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# My first Cat ride!!!!

By Dan Cook



WOW!!!! The last racing night of the 2008 season gave us 30 kms/hr steady winds with white caps and gusts to 40 kms/hr. I elected not to race solo in the club's Boatshare Kestrel as I would be sure to have difficulty. Don Wylie had rigged his Tornado Catamaran and was looking for some crew. I had been looking for an opportunity to learn to sail a cat so I jumped at his invitation. As we were getting ready Cammy saw another opportunity to "cat" sail in some strong winds with an experienced skipper and asked to join the crew. Don's first concern was I did not have a wet suit but I insisted I would be OK in my rain gear as the water was warm. I underestimated the wind factor! Brrrrrrrr!

Getting the boat in the water was very interesting and getting it underway was done in a flash as the boat literally leapt away from the beach and was screaming along the water in seconds. I nearly rolled off the back from the acceleration. Now, I am not new to sailing or adrenaline sports for that matter. I own a 1500 cc motorcycle and a racing sailplane and have an aerobatics rating, not to mention I race on keelboats with Dave Simpson and have been skipper on an ocean going yacht. I have also had the experience of flying a jet fighter at tree top level in excess of 500 kts and flying in tactical helicopters while sitting on a skid or repelling from them. Last night's experience ranks right up there at the adrenaline top!

Soon after getting under way Don had us up on one pontoon with Cammy and I hiked out on the trapezes standing fully extended. The waves were crashing into the pontoons and into our backs. I estimated that on our tacks we were in excess of 50 kms/hr and I could feel the boat humming with energy. It was like holding onto ultra high voltage towers and feeling the buzz of power in your hands. Every once in a while a wave would build up to about 3 feet higher than the swell trough and the boat would leap into the air with both pontoons airborne. I felt like I was riding on a cruise missile. Don cautioned me to let out the jib if the pontoon I was standing on went over 45 degrees in the air or we could go over. A few times we got close but it was quite the experience going from the back of my head almost in the water to about twelve feet in the air when it rolled in the gusts. Now the boat felt more like an airplane except the airfoil was upside down. A few times the wind caught the deck netting underneath as we vaulted off a wave and we launched like a hydroplane with only the rudders and tail end of the pontoons in the water. Cammy and I were laughing like school kids just trying to keep the boat flat.

They call this a wet boat and I think that is an understatement. Before we went out on the water I was laughing at Don and Cammy in their wet suits and told them they looked like Newfoundland fishermen going out in a Dory for some bad weather but they had the last laugh. I think I was more in or under the water than out. It was difficult to keep the water out of my mouth as my jaw was dropped most of the time either from laughter or awe. Cammy took the helm and hiked out on the pontoon again with me to try steering while on the trapeze. She had us flying in seconds and we crossed the lake a few times. We were doing well at keeping the boat flat most of the time but a particularly large swell hit me while I was hiked out and before I knew it I was sitting in the back of the boat beside Cammy. After apologizing profusely for losing my footing we hiked back out. Don in the mean time had been coaching Cammy and scrambling around the deck fine-tuning lines. The intense adrenaline upwind runs were only relaxed when we tacked and the boat came nearly to a full stop. It was almost comical as we all slid across the deck netting to get to the other side before the boat accelerated again to lightning speed.

Now the wind factor! Although I found the water warm when it hit me the wind quickly cooled me off. Cammy noted my knees were turning blue and gave me her toque. I didn't feel the cold because of the excitement but Don said he would take us back in to warm up. Again we started back screaming across the lake in a broad reach but this time with all our weight as far back to keep the pontoons tips out of the water. Don advised that in a cat going on a down wind reach, if opposite pontoon digs in, to let out the jib or we could cartwheel! Cats can't run directly with the wind because of this hazard! Cammy also said that the boat was a bit slower with three on board..... not that I noticed much!!!

By the time we got back I was starting to shiver so I jumped in the hot shower and life was good again. I learned two things, if you ever get the chance to sail with Don on a windy day do not miss the opportunity and do not forget the wetsuit even if you look like an east coast fisherman.

I wouldn't call Don an ordinary sailor, I would call him a rocket ship pilot!!!!

Thanks to Don and Cammy for a great sail. I will never forget it!